

A woman is shown in profile, focused on playing a slot machine in a casino. The background is filled with the lights and sounds of a busy gaming floor. The text is overlaid on the image.

Know your odds. Keep it even.

Preventing problem gambling

Preventing problem gambling is about keeping a balance in your life. Make careful decisions about how you spend your time, money and energy. There are warning signs that gambling may be becoming a problem. For more information visit aadac.com or call the AADAC Help Line 1-866-332-2322 (1-866-33AADAC).

AADAC
ALBERTA ALCOHOL AND
DRUG ABUSE COMMISSION

Alberta
Gaming and
Liquor Commission
www.aglc.gov.ab.ca



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